

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ
ΠΡΟΣΤΑΣΙΑΣ
ΚΑΤΑΝΑΛΩΤΗ

Ιουν 2023

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.56	4.63	0.07	1.5%
2	Chrysodalia Turkey Smoked Slices 200gr	3.11	3.14	0.03	1.0%
3	Grigoriou Ham Slices 300gr	3.83	3.98	0.15	3.9%
4	Grigoriou Lountza Slices 150gr	3.31	3.34	0.03	0.9%
5	Grigoriou Salami Extra 300gr	2.58	2.57	-0.01	-0.4%
6	Grigoriou Streaky Bacon Slices 150gr	2.71	2.69	-0.02	-0.7%
7	Grigoriou Turkey Smoked Slices 200gr	3.34	3.37	0.03	0.9%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.13	1.14	0.01	0.9%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.37	1.37	0.00	0.0%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.44	1.41	-0.03	-2.1%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.91	1.89	-0.02	-1.0%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.95	1.93	-0.02	-1.0%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.70	1.86	0.16	9.4%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.72	1.71	-0.01	-0.6%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.54	2.72	0.18	7.1%
16	MITSIDES TOMATO PASTE CUP 4X70GR	1.88	1.92	0.04	2.1%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.19	1.31	0.12	10.1%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.90	2.91	0.01	0.3%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	3.04	2.97	-0.07	-2.3%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.13	4.13	0.00	0.0%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.13	4.13	0.00	0.0%
22	ZITA STRAINED F/F PC 1KG	4.03	4.06	0.03	0.7%
23	ZITA STRAINED LGT PC 1KG	4.01	4.04	0.03	0.7%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.82	1.79	-0.03	-1.6%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.75	13.66	-0.09	-0.7%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.21	3.27	0.06	1.9%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.11	15.62	1.51	10.7%
28	DIROLLO 2.2% COTTAGE 225GR	2.28	2.27	-0.01	-0.4%
29	DODONI FETA BLOCK 400GR	7.05	7.47	0.42	6.0%
30	KESES GOAT/SHEEP HALLOUMI KG	16.40	15.50	-0.90	-5.5%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.07	3.12	0.05	1.6%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.45	2.33	-0.12	-4.9%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.44	2.32	-0.12	-4.9%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	7.58	7.49	-0.09	-1.2%
35	VEPO FOOD EDAM SLICES 200GR	2.57	2.43	-0.14	-5.4%
36	VEPO FOOD GOUDA SLICES 200GR	2.39	2.45	0.06	2.5%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.71	1.70	-0.01	-0.6%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.90	2.89	-0.01	-0.3%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.21	2.20	-0.01	-0.5%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.51	1.50	-0.01	-0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.90	2.89	-0.01	-0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.85	2.83	-0.02	-0.7%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.20	2.18	-0.02	-0.9%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.86	2.84	-0.02	-0.7%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	7.80	7.16	-0.64	-8.2%
46	DORINA SUNFLOWER OIL 5L	10.49	10.05	-0.44	-4.2%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	14.95	14.87	-0.08	-0.5%
48	FLORA SUNFLOWER OIL 3L	11.12	10.31	-0.81	-7.3%
49	LESIEUR SUNFLOWER OIL 3L	8.55	8.57	0.02	0.2%
50	SAINT GEORGE EXTRA VIRGIN OLIVE OIL 1L	7.31	7.76	0.45	6.2%
51	SEKEP EXTRA VIRGIN OLIVE OIL 1L	7.01	7.34	0.33	4.7%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.55	1.56	0.01	0.6%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.31	1.30	-0.01	-0.8%
54	MITSIDES SELF RAISING 1KG	1.55	1.56	0.01	0.6%
55	MITSIDES VILLAGE 1KG	1.62	1.63	0.01	0.6%
56	TRIUMPH FARINA 00 1KG	1.51	1.48	-0.03	-2.0%
57	TRIUMPH VILLAGE 1KG	1.63	1.63	0.00	0.0%
ΖΑΧΑΡΗ					
58	SUGAR	1.44	1.42	-0.02	-1.4%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.24	1.22	-0.02	-1.6%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.43	1.27	-0.16	-11.2%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.32	1.22	-0.10	-7.6%
62	MITSIDES MEZZANI A 500GR	1.41	1.35	-0.06	-4.3%
63	MITSIDES ORZO 500GR	1.46	1.35	-0.11	-7.5%
64	MITSIDES SPAGHETTI 500GR	1.25	1.22	-0.03	-2.4%
65	MITSIDES TRADITIONAL 500GR	1.45	1.45	0.00	0.0%
66	TRIUMPH SPAGHETTI 500GR	1.10	1.10	0.00	0.0%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.68	2.73	0.05	1.9%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	2.98	2.94	-0.04	-1.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.25	2.17	-0.08	-3.6%
70	SOLEAS 3A BEANS 1KG	2.92	2.86	-0.06	-2.1%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.64	3.89	0.25	6.9%
72	SOLEAS 3A GREEN LENTILS 1KG	2.82	2.75	-0.07	-2.5%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.75	2.69	-0.06	-2.2%
74	A.KEPOLA BULGUR WHEAT 500GR	1.69	1.69	0.00	0.0%
75	KAOURIS BULGUR WHEAT 500GR	1.35	1.49	0.14	10.4%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.23	1.17	-0.06	-4.9%
77	MITSIDES BULGUR WHEAT 1KG	3.12	3.11	-0.01	-0.3%
78	MITSIDES BULGUR WHEAT 500GR	1.79	1.72	-0.07	-3.9%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.28	3.26	-0.02	-0.6%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.60	2.52	-0.08	-3.1%
81	SOLEAS 3A PARBOILED RICE 1KG	2.41	2.36	-0.05	-2.1%
82	TILDA BASMATI RICE 1KG	5.39	5.78	0.39	7.2%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.30	3.93	-0.37	-8.6%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.38	8.31	-0.07	-0.8%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	4.08	4.47	0.39	9.6%
86	HERCULES RAVIOLI 400GR	2.97	2.98	0.01	0.3%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.61	3.49	-0.12	-3.3%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	11.06	11.10	0.04	0.4%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.33	6.45	0.12	1.9%
90	BLUE GREEN WAVE SQUID RINGS 1KG	5.26	4.60	-0.66	-12.5%
91	EDESMA SQUID RINGS 1KG	5.36	5.70	0.34	6.3%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.92	7.91	-0.01	-0.1%
93	FINDUS SALMON PORTIONS 4X125GR	16.75	15.42	-1.33	-7.9%
94	FOODPAX SALMON ATLANTA PORTIONS 4X125GR	15.40	15.40	0.00	0.0%
95	FOODPAX SALMON PORTIONS 4X125GR	14.19	14.18	-0.01	-0.1%

96	QUALIFOOD PANGASIUS FILLETS 1KG	5.46	5.47	0.01	0.2%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.67	3.64	-0.03	-0.8%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	7.02	6.92	-0.10	-1.4%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	12.24	12.44	0.20	1.6%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	4.42	4.92	0.50	11.3%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	2.92	3.23	0.31	10.6%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.46	5.46	0.00	0.0%
103	EDESMA VEGETABLE BURGERS 4P 380GR	4.72	5.00	0.28	5.9%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.42	5.53	0.11	2.0%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.20	4.11	-0.09	-2.1%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.39	4.40	0.01	0.2%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.62	6.60	-0.02	-0.3%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.88	5.63	-0.25	-4.3%
109	EDESMA CHICKEN NUGGETS 900GR	8.02	7.84	-0.18	-2.2%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.44	6.40	-0.04	-0.6%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.46	4.59	0.13	2.9%
112	EN ELLADI MEAT BALLS 420GR	4.39	4.42	0.03	0.7%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.64	4.57	-0.07	-1.5%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	2.96	2.95	-0.01	-0.3%
115	CHARALAMBOUS GREEN 500GR	7.12	7.27	0.15	2.1%
116	LAIKON GOLD 200GR	2.95	2.94	-0.01	-0.3%
117	LAIKON GOLD 500GR	7.29	7.29	0.00	0.0%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.38	4.52	0.14	3.2%
119	JACOBS EKLEKTOS JAR 100GR	4.06	4.46	0.40	9.9%
120	NESCAFE AZERA ESPRESSO TIN 100GR	6.02	5.67	-0.35	-5.8%
121	NESCAFE CLASSIC DEC TIN 100GR	4.74	4.76	0.02	0.4%
122	NESCAFE CLASSIC TIN 100GR	3.86	3.93	0.07	1.8%
123	NESCAFE CLASSIC TIN 200GR	5.87	5.94	0.07	1.2%
124	NESCAFE GOLD BLEND JAR 190GR	6.18	6.20	0.02	0.3%
125	NESCAFE GOLD BLEND JAR 95GR	3.49	3.53	0.04	1.1%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	NESTLE MILKMAID CONDENSED CAN 397GR	2.26	2.29	0.03	1.3%
127	NOYNOY CONDENSED CAN 397GR	1.54	1.53	-0.01	-0.6%
128	NOYNOY EVAPORATED CAN 410GR	1.24	1.23	-0.01	-0.8%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.23	1.21	-0.02	-1.6%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.22	1.21	-0.01	-0.8%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.29	3.27	-0.02	-0.6%
132	Tulip Pork Chopped Ham 200gr	2.41	2.42	0.01	0.4%
133	Tulip Pork Luncheon Meat 200gr	2.31	2.17	-0.14	-6.1%
134	Zwan Chicken Luncheon Meat 200gr	2.15	2.16	0.01	0.5%
135	Zwan Pork Chopped Ham 200gr	3.11	3.03	-0.08	-2.6%
136	Zwan Pork Luncheon Meat 200gr	2.17	2.21	0.04	1.8%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 3X160GR(1FREE)	7.47	7.51	0.04	0.5%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.88	6.00	0.12	2.0%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.80	4.78	-0.02	-0.4%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.45	3.56	0.11	3.2%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	6.47	6.53	0.06	0.9%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	Kellogg S Coco Pops 500gr	3.94	3.95	0.01	0.3%
143	Kellogg S Coco Pops Chocos 375gr	2.69	2.77	0.08	3.0%
144	Kellogg S Corn Flakes 500gr	3.28	3.27	-0.01	-0.3%
145	Kellogg S Honey Loops 330gr	3.61	3.58	-0.03	-0.8%
146	Kellogg S Special K Classic 500gr	3.66	3.42	-0.24	-6.6%
147	Oreo Os Cookies&Cream Ceralas 350gr	3.22	3.26	0.04	1.2%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.73	3.67	-0.06	-1.6%

149	Quaker White Oats Bag 500gr	2.19	2.21	0.02	0.9%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.18	1.20	0.02	1.7%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.18	3.35	0.17	5.3%
152	BAKANDYS RUSKS RYE 200GR	2.58	2.55	-0.03	-1.2%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.26	2.16	-0.10	-4.4%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.41	2.38	-0.03	-1.2%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.10	3.08	-0.02	-0.6%
156	JOHNSOF CROUTONS WHEAT 320GR	2.68	2.65	-0.03	-1.1%
157	MARIAS BREAD COOKIES CAROB 350GR	3.26	3.22	-0.04	-1.2%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.54	3.55	0.01	0.3%
159	FROU FROU MORNING COFFEE PL 150GR	1.21	1.21	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	5.12	5.11	-0.01	-0.2%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.16	2.14	-0.02	-0.9%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.57	3.45	-0.12	-3.4%
163	OREO VANILLA SW 154GR	1.55	1.64	0.09	5.8%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.28	4.28	0.00	0.0%
165	7 UP REGULAR CAN 8X330ML	4.28	4.29	0.01	0.2%
166	COCA COLA REGULAR CAN 330ML	0.88	0.90	0.02	2.3%
167	COCA COLA REGULAR CAN 8X330ML	4.43	4.43	0.00	0.0%
168	COCA COLA ZERO CAN 8X330ML	4.60	4.64	0.04	0.9%
169	PEPSI MAX CAN 8X330ML	3.66	3.61	-0.05	-1.4%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	3.03	2.96	-0.07	-2.3%
171	AGROS STILL PET 6X1.5L	2.52	2.49	-0.03	-1.2%
172	AYIOS NICOLAOS STILL PET 12X500ML	3.06	3.06	0.00	0.0%
173	AYIOS NICOLAOS STILL PET 6X1.5L	2.43	2.42	-0.01	-0.4%
174	KYKKOS STILL PET 12X500ML	2.87	2.86	-0.01	-0.3%
175	KYKKOS STILL PET 6X1.5L	2.26	2.26	0.00	0.0%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.61	1.65	0.04	2.5%
177	KEAN ORANGE 100% TP 1L	1.60	1.61	0.01	0.6%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.06	4.01	-0.05	-1.2%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.49	1.49	0.00	0.0%
180	LIFE ORANGE 100% PET 1L	2.48	2.41	-0.07	-2.8%
181	LIFE ORANGE 100% PET 400ML	1.47	1.48	0.01	0.7%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.24	3.27	0.03	0.9%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.69	10.59	-0.10	-0.9%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	13.72	13.47	-0.25	-1.8%
185	Βοδινός κιμάς (Kg)	8.56	8.57	0.01	0.1%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.78	3.77	-0.01	-0.3%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.90	7.79	-0.11	-1.4%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.97	9.97	0.00	0.0%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	4.95	5.08	0.13	2.6%
190	Χοιρινός Κιμάς (Kg)	4.83	5.04	0.21	4.3%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.46	5.58	0.12	2.2%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	9.46	9.43	-0.03	-0.3%
193	Καλαμάρι Μεγάλο (Kg)	11.75	11.69	-0.06	-0.5%
194	Καλαμάρι Μικρό (Kg)	17.35	19.81	2.46	14.2%
195	Λαβράκι Μεγάλο (Kg)	9.67	9.72	0.05	0.5%
196	Μπαρμπούνη (Kg)	17.06	14.68	-2.38	-14.0%
197	Τσιπούρα Μεγάλη (Kg)	8.62	7.80	-0.82	-9.5%
198	Χταπόδι Μεγάλο (Kg)	17.48	17.37	-0.11	-0.6%
199	Χταπόδι Μικρό (Kg)	22.11	25.37	3.26	14.7%
ΧΟΡΤΑ					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.17	1.20	0.03	2.6%
201	Αγγουράκια Χωραφίου (Kg)	1.34	1.44	0.10	7.5%
202	Ντομάτες Α (Kg)	2.15	1.46	-0.69	-32.1%

203	Πατάτες Φρέσκες (Kg)	1.58	1.95	0.37	23.4%
204	Χόρτα Δέσμης	0.62	0.44	-0.18	-29.0%
ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.83	1.84	0.01	0.5%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.68	1.70	0.02	1.2%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.80	1.76	-0.04	-2.2%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.62	1.65	0.03	1.9%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.61	1.60	-0.01	-0.6%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.25	1.26	0.01	0.8%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	6.35	6.34	-0.01	-0.2%
212	ΠΥΡΣΟΣ 5kg	6.34	6.35	0.01	0.2%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL MOUNTAIN SPRING 56WSH LIQ 3.08L	10.57	10.72	0.15	1.4%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.49	10.54	0.05	0.5%
215	DIXAN MULTICOLOR 42WSH GEL 2.1L	6.38	6.43	0.05	0.8%
216	EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF	6.96	7.04	0.08	1.1%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.86	5.84	-0.02	-0.3%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.80	5.85	0.05	0.9%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.36	5.40	0.04	0.7%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.48	5.48	0.00	0.0%
221	COMFORT PURELY SOFT 4L	5.11	5.03	-0.08	-1.6%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.15	2.17	0.02	0.9%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.05	2.06	0.01	0.5%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	1.89	1.89	0.00	0.0%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.60	3.56	-0.04	-1.1%
ΚΑΡΤΙ ΥΓΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.28	4.13	-0.15	-3.5%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.33	11.38	0.05	0.4%
228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.35	11.42	0.07	0.6%
229	KLEENEX SCOTTONELLE DOUBLE ROLL WHITE 1PLY 16P P_OFF	13.19	13.24	0.05	0.4%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	14.57	14.60	0.03	0.2%
231	SILKY WHITE 2PLY 24P	7.70	7.70	0.00	0.0%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	17.29	15.78	-1.51	-8.7%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	10.26	9.93	-0.33	-3.2%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	10.09	9.74	-0.35	-3.5%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	15.49	15.15	-0.34	-2.2%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	15.56	15.15	-0.41	-2.6%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	11.20	11.00	-0.20	-1.8%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	11.26	11.07	-0.19	-1.7%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.37	3.34	-0.03	-0.9%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.28	3.39	0.11	3.4%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.01	5.04	0.03	0.6%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	4.88	4.89	0.01	0.2%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.05	3.03	-0.02	-0.7%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.78	2.67	-0.11	-4.0%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.96	19.86	-0.10	-0.5%
246	Frisogrow Plus+ 3-5y Tin 800gr	19.47	18.80	-0.67	-3.4%
247	Frisolac 1 0-6m Tin 800gr	23.06	22.69	-0.37	-1.6%
248	Frisomel 2 6m+ Tin 800gr	20.04	19.79	-0.25	-1.2%
249	Nan 4 Protect Build 2y+ Tin 400gr	8.74	8.99	0.25	2.9%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.60	9.03	-0.57	-5.9%